Joint Bladder & Bowel Clinic SELF-REFERRAL FORM



If you have had bleeding from either your back or front passages please see your GP first

Please complete this form to refer yourself to the Joint Bladder & Bowel Clinic. Once completed the form can either be handed in or posted to the address below. You will be placed on the waiting list and the Clinic Administrator will contact you to offer you an appointment when one becomes available.

Today's Date	D	D	M	M	Y	Υ				
Name							≊ Ho	ome Tel No.		
Date of Birth	D	D	M	M	Y	Υ	a W	ork Tel No.		
Address							■ Mobile Tel No.			
Postcode										
GP Practice		GP Name								
Preferred method of contact: Telephone / Post (Please delete as appropriate)										
Please give a brief description of why you want to attend the Joint Bladder & Bowel Clinic, giving details of the nature of your problem.										
How long have you had a problem? Was it related to a specific event? Have you been seen by any other hospital departments? If so, please give details. Please tick if you experience any of these symptoms:										
Leakage of urine when coughing/laughing										
Leakage of urine with strong desire to pass urine										
Unaware when urine is passed										
Leaking of wind Constipation										

Joint Bladder & Bowel Clinic SELF-REFERRAL FORM

Please send completed form to the relevant clinic:

Aberdeen City Moray

Nurse-Led Bladder & Bowel Clinic

Please send your referral to Stonehaven

Nurse- Led Bladder & Bowel Clinic Inverurie

Nurse-Led Bladder & Bowel Clinic

Peterhead

Nurse-Led Bladder & Bowel Clinic

Please send your referral to

Bladder & Bowel Specialist Service Staff Home Inverurie Hospital **Upperboat Road** Inverurie Aberdeenshire **AB51 3UL**

Tel: 01467 672748

Nurse-Led Bladder & Bowel Clinic Bladder & Bowel Specialist

Service Room G4 Maryhill House 317 High Street Elgin IV30 1AJ 01343 567700

What Happens Next?

Once your form has been received by the Joint Bladder & Bowel Clinic you will be contacted to arrange an appointment that would be convenient for you.

Will the information that I have provided be shared with anyone else?

Sometimes we may need to contact your GP if we require further information to help to help you. If you are seen by the Nurse or the Physiotherapist at the Joint Bladder & Bowel Clinic your GP will be informed.

It is important that you **complete this form as fully as possible.** Please check over the information you have provided. Please note we cannot take responsibility for any information that has been

I agree that the information that I have provided in this form is accurate and may be shared with my

I consent to relevant medical information being released from my GP if required.

Signature_			
Date			

What should I do if my problem gets worse while I am waiting for an appointment?

If you feel your problem is worsening and you have concerns about your problem then you should contact your GP

• or NHS24 - 2 111

Please note that if you have a bladder or bowel problem and have any bleeding from either your front or back passages then please see your GP first.